

See below for specific instructions related to your procedure of interest. Send all photos for consultation to [consult@csaok.com](mailto:consult@csaok.com) by following these steps:

1. Once you take your photos, save your images to your hard drive (your desktop is easiest) in a JPG, GIF, BMP, or PNG format. Please try to reduce the size to 1MB or smaller for each photo.
2. Open your email account and create/compose a new message. Recipient is [consult@csaok.com](mailto:consult@csaok.com).
3. Attach your photos to the email by selecting "attach a file", find your photo files, selecting them, and click "open." Repeat for each image.
4. Within the email content, include the following information: Your name, address, phone number, date of birth, and a brief statement describing the procedure of interest and what you wish to achieve from the procedure.

#### IMPORTANT PHOTO TIPS

- Do not include your face in any images of your breast or body
- If possible, remove jewelry and piercings
- Make sure your hair is not obstructing the image
- Both arms must be relaxed at your sides in all breast photos
- Photos taken by reflecting off of a mirror are not acceptable
- Photos should be taken level with the area of interest, not from above or below
- In order for your photos to be properly evaluated, someone else must take the photos for you
- Photos should be taken in good lighting against a dark background

#### BREAST PROCEDURES

The following angles are required in order for your photos to be evaluated by the physician.

- Forward-facing: neck to waist, arms resting at sides
- Left (side) profile: neck to waist, arms resting at sides
- Right (side) profile: neck to waist, arms resting at sides
- Any additional views you feel are necessary to show specific areas of concern

#### BODY PROCEDURES

The following angles are required in order for your photos to be evaluated by the physician.

- Forward-facing: neck to upper thighs, arms out straight like superman
- Left (side) profile: neck to upper thighs, arms out straight like superman
- Right (side) profile: neck to upper thighs, arms out straight like superman
- Rear facing: neck to upper thighs, arms out straight like superman
- Any additional views you feel are necessary to show specific areas of concern

#### FACIAL PROCEDURES

The following angles are required in order for your photos to be evaluated by the physician.

- Forward-facing: with face filling the majority of the photo frame
- Right and left profile: with face filling the majority of the photo frame
- 45° right and 45° left: with face filling the majority of the photo frame
- Back/rear view: only required for ear reconstruction
- Additional views to show specific areas of concern

**Please call us at (405) 842-6677 if you have any questions! Thank you!**